

Type School Name Here

MCFI

K-8 Hot Lunch



**March
2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE			1 Grilled Chicken Sandwich on a Whole Grain Bun with BBQ Sauce Or Kid's Classic Asian-Glazed Boneless Chicken Wings and Pretzel Goldfish Crackers Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	2 Whole Grain Cheese Ravioli with Mozzarella Cheese Whole Grain Breadstick Romaine Salad with French Dressing Seasonal Lunch Fruit Choice of Milk
5 Swedish Meatballs with Whole Grain Pasta Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk	6 Cheeseburger on a Whole Grain Bun with Ketchup Baked Beans Seasonal Lunch Fruit Choice of Milk	7 Build Your Own Flatbread Turkey Ham, Shredded Lettuce, Cheese on a Whole Grain Flatbread with Mayo Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk Rice Krispies Treat	8 Harvest Chicken Salad on a Whole Grain Bun Or Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce and Assorted Graham Cracker Steamed Corn Seasonal Lunch Fruit Choice of Milk	9 Whole Grain Cheese Pizza Sticks with Marinara Dipping Sauce Steamed Carrots Seasonal Lunch Fruit Choice of Milk
12 Philly Cheesesteak Sandwich on a Whole Grain Bun with Mozzarella Cheese Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	13 Homemade Meatloaf Whole Grain Biscuit Steamed Peas Seasonal Lunch Fruit Choice of Milk	14 Chicken Tacos on Whole Grain Tortillas with Shredded Lettuce, Cheese and Taco Sauce Fiesta Beans Seasonal Lunch Fruit Choice of Milk	15 Grilled Chicken Sandwich on a Whole Grain Bun with Mayo Or Kid's Classic Breaded Chicken Patty Sandwich on a Whole Grain Bun with Mayo Steamed Broccoli Seasonal Lunch Fruit Choice of Milk	16 Brunch for Lunch Whole Grain Pancakes (3) with Syrup Yogurt Cup Sunset Sip Vegetable Juice Seasonal Lunch Fruit Milk
19 Asian Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	20 BBQ Chicken Sandwich On a Whole Grain Bun Steamed Corn Seasonal Lunch Fruit Choice of Milk	21 Sloppy Joe on a Whole Grain Bun Baked Beans Seasonal Lunch Fruit Choice of Milk	22 Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese and Ranch Dressing and Whole Grain Breadstick Assorted Graham Cracker Or Kid's Classic Domino's Cheese Pizza with Romaine Salad and Ranch Dressing Seasonal Lunch Fruit Choice of Milk	23 Whole Grain Cheese Calzone Baby Carrots with Ranch Seasonal Lunch Fruit Milk
26 Homemade Chili with Cheese Whole Grain Noodles Whole Grain Cornbread Seasonal Lunch Fruit Choice of Milk	27 Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	28 Homemade Cheese Lasagna Whole Grain Breadstick Romaine Salad with Ranch Dressing Seasonal Lunch Fruit Choice of Milk	29 Grilled Chicken and Romaine on a Whole Grain Flatbread with Ranch Or Kid's Classic Whole Grain Corn Dog with Ketchup Steamed Corn Seasonal Lunch Fruit Choice of Milk	30 Chicken Fajitas on a Whole Grain Flatbread Taco Sauce Refried Beans Seasonal Lunch Fruit Choice of Milk